

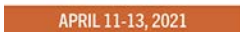


Message from the Chapter East President

Hello members of Chapter East! We hope you had a restful holiday season. The new year has been busy, filled with preparations for COVID-19 vaccinations while sustaining high-quality patient care. The entire Executive Board is excited to collaborate with you on initiatives that contribute to our shared vision of improving children’s health. If you have a project idea that the chapter can assist with please let us know.

Take care,
Maj Nitasha Garcia
Chapter East President

Childhood Advocacy – Scholarship Application Deadline 08 March 2021



The 2021 Advocacy Conference, formerly known as the Legislative Conference, will be held virtually. The conference will occur from 11 Apr to 13 April and participants can earn up to 16 hours of CME credit. Chapter East would like to sponsor 2 members to attend. Here are the application guidelines:

1. CV
2. No more than 250-300 word statement that discusses how you plan to utilize the info learned in the sessions
3. Note of support from your supervisor (email is sufficient), that you are in good standing and approved to attend
4. Submit all requested info to our Chapter Executive Director, Carolyn Famiglietti, carolyn.famiglietti@gmail.com by 8 March 2021. Select and non-select notifications will be sent by 16 March 2021.

Source: [AAP](#)

Grants – CATCH Grant Facilitator Application Deadline 15 March 2021

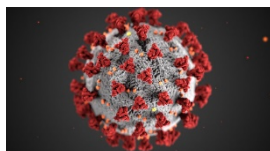
Uniformed Services Chapter East is here to support our members interested in grant opportunities.



- We are grateful for the contributions of MAJ Becky McConnell as a Catch Grant Facilitator. Her term is coming to an end and we will have a vacancy. Her successor will partner with our 2nd Facilitator, CPT Molly Childers
- The role of a Chapter CATCH Facilitator is to encourage and support pediatricians in Chapter East as they work with communities to ensure that all children have medical homes and access to needed health care services. Chapter Facilitators represent the national AAP CATCH Program and must be a national AAP member as well as a chapter member.
- **To apply:** Please send a letter of intent and copy of your CV to our Executive Director, Carolyn Famiglietti, at carolyn.famiglietti@gmail.com

COVID-19

Updates from the American Academy of Pediatrics



- On 2 Feb 2021, the AAP released New COVID Vaccine Guidance. Click [here](#) to read more, and to bookmark the site for subsequent updates.
- On 3 Feb 2021, the AAP published the COVID-19 Response Report 8.0. Check out separate attachment that came along with the newsletter

Source: [AAP](#)



Contact Us:
www.ChapterEastPeds.com
UniformedServicesChapterEast@gmail.com



Spotlight: 2020 Outstanding Young Pediatrician (OYP) Winners



COVID-19 has changed much of the way we collaborate and highlight our members. For 2020 we still were able to recognize three outstanding pediatricians for their contributions to childhood wellness and their military units.

Air Force: Maj (Dr.) Alison Helfrich – Currently stationed at Walter Reed National Military Medical Center where she serves as a Pediatric Infectious Disease Fellow.

Prior to her return to training she completed challenging OCONUS tours as a general pediatrician, where she served in various leadership positions while engaged in teaching our front-line medics. She has made notable contributions during each of her assignments, highlighting her skills as a pediatrician and a military officer.

Army: MAJ (Dr.) Jennifer Falcon – Currently stationed at Fort Belvoir Community Hospital where she serves as the Service Chief, Inpatient Pediatrics. Prior to her tenure at Fort Belvoir, MAJ Falcon supported the Department of Defense mission while deployed and as a Battalion Surgeon. She has demonstrated her versatility as a physician/military officer, and has continued to engage in teaching as well as research.

Navy: LCDR (Dr.) Sarah Sturgill – Currently stationed at Naval Medical Center Camp Lejeune where she serves as the Department Head of Pediatrics. She is a dedicated leader at the Navy’s largest general pediatrics medical home, and only trauma center. In her career she has served overseas and participated in several leadership development opportunities. She also continues to engage in teaching and mentorship.

We commend all of our 2020 winners, as well as those who were nominated!

February is National Children’s Dental Health Month! Click [here](#) for ADA Resources and [here](#) or [here](#) for AAP Resources



- Early childhood caries (cavities/ECC) = the number 1 chronic disease affecting young children
- ECC is *5 times* more common than asthma and *7 times* more common than hay fever
- Tooth pain keeps many children home from school or distracted from learning.
- AAP and ADA recommend children establish a dental home and have their first preventive dental visit by age 12 months for those at elevated risk of developing ECC

Source: [AAP](#)

Despite these concerning statistics, many children and their families have trouble accessing oral health care, and even pediatricians may not know all the resources available

Establishing your dental referral network is essential to ensuring you aware of the resources available for the families you care for. Referral lists are made by canvassing your networks to see who accepts children of various ages with the [TRICARE Dental Program](#) or other dental insurance (i.e Medicaid), as appropriate, for your practice. Not all dentists will see young children (i.e. under the age of 3), so be sure and check out what’s available in your area. One suggestion is checking for [American Board of Pediatric Dentistry](#) certified specialists in your area, and then cross referencing with those that take TRICARE.

Another good reason to know your local dentists is in the case of emergent referral needs for oral health: pronounced caries, acute infection, trauma, etc. Having that information handy for your patients can prove to be invaluable in a time of need.

For your oral health education, the AAP has some wonderful self-paced resources, including dental imaging in the archived PACT training, and office-based resources below:



Contact Us:
www.ChapterEastPeds.com
UniformedServicesChapterEast@gmail.com



American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN™



Uniformed Services Chapter East

Feb 2021

1. [AAP Prevention Primer](#) – tool to help implement preventive oral health services and improve communication between the medical and dental homes.
2. [Protect Tiny Teeth Toolkit](#) – prenatal and newborn educational and practice implementation resource.
3. [Brush, Book, Bed](#) – program to tie together toothbrushing with bed time routines.
4. [Oral Health Advocacy Toolkit](#) – advocacy tool for different oral health issues.

Keep Smiling!

Wendy Schofer, MD, FAAP

CAPT MC USNR

Uniformed Services East Chapter Member-at-Large drschofer@gmail.com

Chapter East CME Event:

- We are currently planning 2021 CME opportunities
- Follow our website and/or Facebook page for announcements on details once they are finalized:
 - www.chaptereastpeds.com
 - <https://www.facebook.com/UniformedServicesChapterEast/>

Upcoming Initiative:

- Working on a Healthy Children 2030 Grant proposal for the Chapter. Interested in collaborating? Send us a message



Contact Us:

www.ChapterEastPeds.com

UniformedServicesChapterEast@gmail.com